



St. Joseph's School Adelong

To be God's hands in our homes, our school and our world.

Thursday 23rd February, 2017

Dear Parents

Next Tuesday 28th February, St Joseph's will be celebrating Shrove Tuesday as a whole school activity.

Shrove Tuesday, is the traditional feast day before the start of Lent on Ash Wednesday. Lent is the 40 days leading up to Easter and is traditionally a time of fasting. On Shrove Tuesday we make and eat pancakes.

The teachers will cook the pancakes with the students using a ready-made pancake shake mix and the students will decide which topping they will have of butter, maple syrup, jam and cream. A gluten free mix will be available as well as the following our school allergy awareness guidelines.

Shrove Tuesday is always enjoyed by the students and is a practical way of explaining to the students of eating the last indulgence foods before the fasting of Lent.

Yours sincerely

Kirsty Beavan
Principal